



Cheadle Primary School

Our vision: "To be outstanding in all we do"

Sex and Relationships Education Policy

Agreed and adopted by Cheadle Primary School Governing Body

Date: February 2017

Review: February 2020

The teaching of Sex and Relationships Education (SRE) is an entitlement for all young people. Children at Cheadle Primary School have the opportunity to experience an up to date, useful and suitable programme of Sex and Relationships Education at a level which is appropriate for their age and emotional and physical development. At Cheadle Primary School, SRE is rooted firmly within the Science and PSHE curriculum and Circle Time.

1.Aims of the Sex and Relationships Education policy

- children will understand the importance of respecting each other, family life and stable and loving relationships
- children will learn about and understand the physical and emotional changes that occur in their bodies as they grow up
- children will be well supported through their physical, emotional and moral development and will be well equipped to begin their journey from childhood through adolescence and into adulthood
- for children to develop the skills, understanding, emotional well being, resilience, self esteem and confidence to be able to develop and maintain healthy relationships
- to promote the British values of respect, tolerance and understanding
- staff, parents and carers will be clear about the statutory requirements regarding Sex and Relationships Education

Outline of the Programme for Sex and Relationships Education

2. Learning Outcomes for SRE at the end Key Stage 1

(The statements marked with an asterisk are part of the National Curriculum Science requirements.)

Children will be able to:

- identify, name, draw and label the basic parts of the human body*
- recognise similarities and differences between themselves and others
- identify and share their feelings with others
- recognise safe and unsafe situations
- identify and be able to talk with someone they trust
- make a friend, talk with them and share feelings
- use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk

Children will understand:

- that animals, including humans, grow and reproduce*
- that humans and animals can produce offspring and that these grow into adults*
- the basic rules for keeping themselves safe and healthy
- about safe places to play and safe people to be with
- the needs of babies and young people
- the ways in which they are alike and different from others
- that they have some control over their actions and bodies
- why families are special
- how their feelings and actions have an impact on other people

3. Learning Outcomes for SRE from Year 3 to Year 6

(The statements marked with an asterisk are part of the National Curriculum Science requirements.)

Children will be able to:

- listen to, and support others
- respect other people's viewpoints and beliefs
- recognise their changing emotions with friends and family and be able to express their feelings and opinions appropriately
- identify adults that they can trust and who they can ask for help
- be confident in a wide range of new situations, such as seeking new friends
- recognise their own worth and identify positive things about themselves
- begin to balance the stresses of life in order to promote both their own mental health and well-being and that of others
- listen to, support their friends and manage friendship issues
- understand and recognise the impact of bullying
- recognise and challenge stereotypes, for example, in relation to gender

Children will understand:

- about how to keep themselves safe when involved with activities with an element of risk
- when it is appropriate to take a risk and when to seek help
- that their actions have consequences and be able to anticipate the results of them
- about different forms of bullying (including homophobic bullying)
- why being different can provoke bullying and know why this is unacceptable
- that families are structured in many different ways
- the need for trust and love in relationships
- that people have different points of view
- how the media can impact on forming attitudes

The above themes will be introduced and discussed in an age appropriate way throughout Key Stage 2.

Also, in Year 5 and 6 children will learn:

- about the main stages of the human life cycle*
- to describe the changes as humans develop to old age*
- how the body changes emotionally and physically during puberty for both boys and girls* (girls and boys will be split for these sessions)
- to describe the life processes of reproduction in some plants and animals*
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function*
- that safe routines can stop the spread of viruses
- about messages of sexuality that are developed in the media including the portrayal of women and men and how this can impact on children as they grow up

4. Safeguarding and Child Protection

All staff receive annual training in relation to safeguarding and child protection and regular updates throughout the year. Staff are unable to maintain absolute confidentiality and any concerns of a safeguarding nature that children raise are dealt with according to our safeguarding procedures. (See Safeguarding Policy)

5. Working with Parents and Carers

Parents and carers are the key figures who support their children through the emotional and physical aspects of growing up. We recognise that some children would prefer to receive information about SRE from their parents and carers.

Cheadle Primary School seeks to work in partnership with parents and carers when planning and delivering SRE by:

- consulting parents over the development of the policy
- giving parents and carers the opportunity to view the resources to be used at Year 5 and 6
- providing advice and support to parents on how they can answer questions about SRE with their children at home
- informing parents and carers of forthcoming SRE topics
- making alternative arrangements for children who are withdrawn* from SRE lessons

*Parents have a right to withdraw their children from all or any part of SRE, apart from the statutory National Curriculum Programme of Study for Science. Any parent or carer wishing to withdraw their child should, in the first instance, speak to the class teacher to discuss the matter.