

- **Alternatively, you can remove head lice by applying conditioner and combing through the hair carefully with the nit comb. You are likely to have to do this repeatedly each night for at least a week and until no further lice are found.**

One of the main reasons that schools can have a recurring problem with head lice is that not everyone checks their child`s hair on a regular basis.

Also, young children playing together pass on head lice easily as their heads are often together.

If you find that your child has head lice, please don`t feel embarrassed. You need to tell family, friends and other parents and carers in the playground so that they can check their child`s hair too.

PLEASE LET YOUR CHILD`S TEACHER KNOW SO THAT WE CAN SEND OUT THIS INFORMATION AND ADVICE AGAIN.

Cheadle Primary School

Head Lice!

**Important
Information and
Advice for
Parents and
Carers.....**

FACTS ABOUT HEAD LICE

- **Head lice are caught by prolonged close head contact. They can walk from one head to another. They cannot jump, fly or swim!**
- **Adult head lice are quick moving, tiny insects which darken after feeding.**
- **Female lice can lay up to 8 eggs each night. These are cemented to the base of the hair shaft. Once they have been laid, the eggs are usually stuck close to the scalp until they hatch into lice after about 7 to 10 days.**
- **The eggs are tiny and look like dark specks near the scalp.**
- **When the eggs have hatched, a white case is left which is stuck firmly to the hair shaft.**
- **Most commonly, head lice are caught from close family or friends at home or at school.**

HOW TO DETECT HEAD LICE

You need to inspect your child`s hair EVERY WEEK!

- **Wash the hair well and towel dry. Use conditioner to make combing easier.**
- **In good light, first comb the hair using an ordinary comb. Then using a nit comb, comb through the hair in sections to the ends of the hair.**
- **Check the teeth of the comb carefully and wipe or rinse it after each stroke.**

IF YOU FIND HEAD LICE

- **You need to check all your family and treat as required.**
- **You can buy insecticide treatments from the chemist. Instructions need to be followed carefully.**