

# MANCHESTER HARRIERS & A.C.

## PRIMARY SCHOOLS CROSS COUNTRY LEAGUE

### Wilf Richards Memorial Primary School Cross-Country League



Event One  
Saturday 23<sup>rd</sup> September 2017

Event Two  
Saturday 7<sup>th</sup> October 2017

Event Three  
Saturday 18<sup>th</sup> November 2017

Event Four  
Saturday 20<sup>th</sup> January 2018

Event Five  
Saturday 3<sup>rd</sup> March 2018  
*Parents/Teachers Race at 11am*



### Walter Hesketh Trophy Primary School Cross-Country Relay

Saturday 17<sup>th</sup> March 2018  
*Awards presentation at 11:15am*

**WYTHENSHAW PARK, WYTHENSHAW ROAD, MANCHESTER M23 0AB**  
Registration at Wythenshawe Park Athletics Track. Start area is close by.

The League is still free to all schools.

We've been running the League for more than **50 years**  
with up to **300** runners enjoying each meeting.

Results issued by email after each meeting

To register your interest or for more information please contact Caroline Baba on email  
[caroline.MHAC@outlook.com](mailto:caroline.MHAC@outlook.com)



# **The Wilf Richards Memorial Primary School Cross-Country League**

**RACES:** Girls - years 3/4; Boys – years 3/4; Girls - years 5/6; Boys - years 5/6.

**DISTANCES:** Approx. 1K – years 3/4 & approx. 2K – years 5/6.

**REGISTRATION:** One representative per school (the team manager) to report to the registration desk to collect a set of recording sheets. One recording sheet is to be completed by the team manager per race and returned to the registration desk following each race (there will be a volunteer collecting completed recording sheets at the finish area).

**START TIME:** 10:00 Girls years 3/4  
10:15 Boys years 3/4  
10:30 Girls years 5/6  
10:45 Boys years 5/6

**SCORING:** Three to score and no limit on number of runners. Each multiple of three is scored as a team - A, B, C, etc.

**AWARDS:** Certificates are awarded for the first 20 in each race and will be available for collection at the following event. For the final event these will be available at the relays or posted to the schools.

End of season trophies are awarded for each of the four race categories and will be presented at the Walter Hesketh Relays event. The trophies are based on the best four races and are awarded to:

A teams - First, second and third  
B teams – First, second and third  
Individuals – First, second and third

End of season medals will also be awarded for individuals finishing 4<sup>th</sup> to 10<sup>th</sup> which will be available for collection at the relays or will be posted to the schools.

Team trophies are returnable, individual awards are to be retained.

## **The Walter Hesketh Trophy Primary Schools Cross-Country Relay**

**RACES:** Girls; Boys

**DISTANCES:** Approx. 1,350 metres (same course as the years 3/4 league course)

**START TIME:** 10:00 Girls  
10:30 Boys

**FORMAT:** Four legs. Years 3/4 run legs 1 & 2 and years 5/6 run legs 3 & 4.

Teams are to be registered in advance and runners must run in the order declared on the registration form.

**AWARDS:** Trophies are awarded for each of the two race categories and are awarded to:

Teams - First, second and third  
Individuals - Fastest lap years 3/4 and fastest lap years 5/6

Team trophies are returnable, individual awards are to be retained.

**RESULTS:** Full results are emailed after each event normally on the Monday morning. Please provide a contact e-mail address at the registration desk.

**COST:** NO CHARGE for the league or relays but there will be a collection box for a local charity at the registration desk.

**REFRESHMENTS:** Available at moderate prices, please support us as this helps with the cost of the league.

**VOLUNTEERS:** We are always grateful for any volunteers to help marshal the course.